2022 Thanksgiving Day

**THE POWER OF THANKSGIVING AND CONTENT**

(Philippians 4:1-13)

**Open it:**

1. When did you feel contentment in the middle of problems or uncertainty?

**Explore it:**

1. Read verses 1-3. How did Paul feel toward the Philippian congregation? What did Paul exhort the Philippian believers to do? Why did Paul plead with Euodia and Syntyche? How had Euodia and Syntyche helped Paul in the past?

1. Read verses 4-7. What did Paul encourage his readers to do? (4) How did Paul tell the Philippian believers to treat others? (5) What were the Philippians to do instead of worrying? (6-7) How can a believer enjoy the peace of God?
2. Read verses 8-9. What are the qualities of wholesome thoughts? What were the Philippians put into practice? How can believers enjoy the presence of the God of peace?
3. Read verses 10-13. Why was Paul glad? What lesson had Paul learned about contentment? How could Paul be so flexible in his approach to life’s circumstances?

**Apply it:**

1. What can you do to develop an attitude of thanksgiving and contentment in all circumstances?